

Symbicort® Turbuhaler®

80/4.5 160/4.5 320/9 µg/inhalation¹

Open Twist and Inhale

Symbicort Turbuhaler is a multi-dose inhaler which delivers very small amounts of powder.

When you inhale through the Turbuhaler, the powder is transferred into the lungs. Thus it is important to inhale deeply and powerfully through the nozzle.



1 Remove the cap by twisting it. A clicking sound will be heard when the cap is removed.



2 Hold the inhaler vertically with the red grip facing down. Do not hold the nozzle when you twist the grip. To load the inhaler with a dose, twist the grip in one direction as far as it goes, then back as far as it goes. It does not matter in which direction you twist first. At the end of this process, a click will be heard. (When preparing a new inhaler for use the process should be performed twice). The inhaler is now loaded and ready to use.



3 Exhale. Do not exhale through the nozzle.

4 Place the nozzle gently between your teeth, seal your lips and inhale in through your mouth, deeply and powerfully.

5 If more than one inhalation has been prescribed for treatment, repeat steps 2-4.

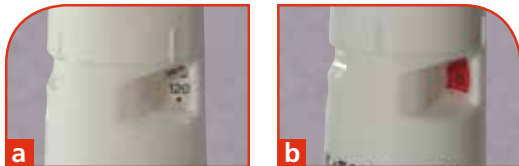
6 Put the cap back in its place by screwing it on tightly.

7 Rinse your mouth with water. Do not swallow.

Cleaning the inhaler:

Clean the outer part of the nozzle regularly (once a week) with a dry paper tissue. **Do not use water or other fluids to clean the nozzle.**

When to change to a new inhaler?



- The dose indicator (Figure a) shows how many doses remain in the inhaler, starting with 60 or 120 when full.
- The dose indicator is marked in 10-dose intervals and therefore it does not show every loading dose. You can be certain the Turbuhaler administers the dose even though you did not see a movement in the dose indicator.
- When you first see a red mark on the edge of the indicator window, there are approximately 20 doses left. The dose indicator has a red background for the last 10 doses. When the zero mark reaches the middle of the window (Figure b), discard the inhaler.
- Please note that even when the dose indicator is at 0, the grip may still be twisted, but the indicator stops moving and the zero mark remains in the window.
- The noise you hear if you shake the inhaler isn't caused by the drug, but by the desiccant. Thus, the noise does not indicate the amount of drug left in the Turbuhaler.
- If you've accidentally performed the loading process more than once prior to taking the dose, you will still only be administered one dose. The dose indicator will record all doses loaded.
- You can still twist and hear a "click" even when the inhaler runs out of doses.



Refer to the consumer leaflet prior to use

The information is correct as of December 2018.
For further questions, ask your pharmacist or your treating physician.

References:

Symbicort® Turbuhaler® Prescribing Information
(80/4.5, 160/4.5, 320/9 mcg/inhalations) approved by MOH.

Side effects can be reported by clicking safety.Israel@astrazeneca.com



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Symbicort®

budesonide/formoterol

Turbuhaler Instructions for Use

Training site:
Mysymbicort.co.il
password: לנשום

